



**Tuesdays** in 2019  
11:30am to 3:00pm

(11:30am Lunch, program begins at 1:00pm)

# Friends Day Out

Featuring Java Music Club

Hosted by Nevada Rural Counties RSVP Program

## What is "Friends Day Out?"

"Friends Day Out" featuring Java Music Club offers hands-on fun learning for persons living with **Alzheimer's** and other forms of **Dementia** or care recipients with a variety of other disabilities such as **Cancer, COPD, Parkinson's or Diabetes**. We use a unique combination of themes, photography, music, readings, and a traditional talking stick. Additionally, it offers the primary **caregiver** support, **respite care**, referrals, independent living services, and a much-needed weekly **BREAK!**

RSVP provides volunteers who are trained to host the event, facilitate the classes, assist with supervision, and provide the primary caregivers with a regular break. We kindly request that all participants complete an RSVP client application before the program begins.

### To sign up or if you have questions:

Steven Nichols – RSVP Program Director for Respite Innovations Project  
775-315-7615 or [snichols@nvrsvp.com](mailto:snichols@nvrsvp.com)

**Location**

**Sing Songs**

**Dancing**

(low impact)

**Meet New Friends**

**Caregivers take a  
BREAK!**

Mineral County  
Care/Senior  
Center

975 K St. Hawthorne, NV 89415

775-945-5519



RSVP's mission is to help frail, homebound, and low-income seniors remain independent by providing high-quality programs which allow them to stay in their own homes with dignity. Additionally, RSVP coordinates a volunteer network of seniors who use their skills and talents to provide support to community agencies and address community needs through service.