



Fridays in 2019

12:00pm – 4:00pm
(Lunch first at the Center)

Friends Day Out

Featuring Java Music Club

Hosted by Nevada Rural Counties RSVP Program

What is "Friends Day Out?"

"Friends Day Out" featuring Java Music Club offers hands-on fun learning for persons living with **Alzheimer's** and other forms of **Dementia** or care recipients with a variety of other disabilities such as **Cancer, COPD, Parkinson's or Diabetes**. We use a unique combination of themes, photography, music, readings, and a traditional talking stick. Additionally, it offers the primary **caregiver** support, **respite care**, referrals, independent living services, and a much-needed weekly **BREAK!**

RSVP provides volunteers who are trained to host the event, facilitate the classes, assist with supervision, and provide the primary caregivers with a regular break. We kindly request that all participants complete an RSVP client application before the program begins.

To sign up or if you have questions:

Steven Nichols – RSVP Program Director for Respite Innovations Project
775-315-7615 or snichols@nrvsvp.com



Sing Songs

Chair Exercise

Meet New Friends

Caregivers take a BREAK!

Terrace at Ruby View

Senior and Active
Lifestyle Center

1795 Ruby View Dr, Elko, NV
89801

775-738-3030



RSVP's mission is to help frail, homebound, and low-income seniors remain independent by providing high-quality programs which allow them to stay in their own homes with dignity. Additionally, RSVP coordinates a volunteer network of seniors who use their skills and talents to provide support to community agencies and address community needs through service.