



Fridays in 2019

11:00am – 3:00pm
(Lunch Served @ 11:30am)

Friends Day Out

Featuring Java Music Club

Hosted by Nevada Rural Counties RSVP Program

What is "Friends Day Out?"

"Friends Day Out" featuring Java Music Club offers hands-on fun learning for persons living with **Alzheimer's** and other forms of **Dementia** or care recipients with a variety of other disabilities such as **Cancer, COPD, Parkinson's or Diabetes**. We use a unique combination of themes, photography, music, readings, and a traditional talking stick. Additionally, it offers the primary **caregiver** support, **respite care**, referrals, independent living services, and a much-needed weekly **BREAK!**

RSVP provides volunteers who are trained to host the event, facilitate the classes, assist with supervision, and provide the primary caregivers with a regular break. We kindly request that all participants complete an RSVP client application before the program begins.

To sign up or if you have questions:

Jan Lindsay – RSVP Field Rep for Nye County
775-253-5791 or pahrump@nrvsvp.com



Sing Songs

Chair Exercise

Meet New Friends

**Caregivers take a
BREAK!**

**Pahrump Senior
Center**

1370 W. Basin Ave.

Pahrump, NV 89060



RSVP's mission is to help frail, homebound, and low-income seniors remain independent by providing high-quality programs which allow them to stay in their own homes with dignity. Additionally, RSVP coordinates a volunteer network of seniors who use their skills and talents to provide support to community agencies and address community needs through service.